

Food and Drug Administration  
Center for Food Safety and Applied Nutrition  
Office of Special Nutritionals

ARMS#

13264



3 - OUTPATIENT

**000001**

DOB: [REDACTED]

11/16/98. 128/80 76 16 97<sup>5</sup> wt 182 ↓ 18lbs

I muscle joint pains in arms  
discontinue all work not taking  
lescol trying diet  
Was on lescol x 2 wks. wtd  
Joint pain & muscle pain x 2m  
@ arm / bicep / forearm  
was on diet pill - stopped 4 d ago  
x 3 wks @ arm bicep / over arm  
No wt lifting some fishing. No  
exercise & walking x 2m

was on:

Ma Huang  
Guarana Extract  
Garcinia Cambogia Hydroxy-esterate  
Chromium  
L-Carnitine  
Potassium & MgPO4.

last night - sharp pain @ chest ~ 3am  
167/114 last pm  
took Tylenol - pain ↓.

[REDACTED] - 11/16/98

S: Having various muscle and joint pains. Did stop the diet pill that he had been taking. Has been doing some fishing but only minor and not in a way that should cause pain.

O: HEENT exam unremark. Chest clear. Cardiac RRR. His EKG shows no acute ST-T wave changes.

A: Chest muscle pains, predominantly arm pain. Suspect it may be due to the herbal supplement he was taking. Certainly is to avoid taking that further.

P: Tylenol if Sx not relieved. F/U if Sx persist. [REDACTED]

000002

12/3/98

Per [REDACTED] called in Baycol 0.3 mg #30 + qd + [REDACTED]  
D/C lescol. [REDACTED]

12/2/98

Mailed adverse reaction form re  
herbal meds [REDACTED]

2/2/99

Baycol 0.3mg #30 + PO QD PRN per Dr. [REDACTED]